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Bio: Tracy is a life-long Washingtonian (State not District). She met the love of her life, Jesus, in 2013, and endeavors to point everyone towards Him. She knows the difficulties of practicing law as a Christian, mother, and human. In the heart of all women is a desire to help, and this is the desire Tracy seeks to cultivate in her life and the lives of others. The Lord has blessed her with two children, a love of growing flowers and climbing mountains, and a deep and earnest desire to seek Him.

Speaking Title: A Proverbs 31 approach to seeking the Lord and persevering

Women who desire to fulfill their calling as Christ followers, wives, mothers, mentors, and lawyers often feel defeated in some area of life while trying to balance it all. A scriptural approach to balance and bringing the Kingdom forth in our daily lives will be the capstone concept in this workshop. Whatever moniker you wear, our time together will be filled with curated insights, calculated tips, and cultivated ideas to help you become all that Jesus desires for you to be.

Women who desire to fulfill their calling as Christ followers, moms, wives, and lawyers often feel defeated in some area of life trying to balance it all. This workshop will tease out what it means to be a Christian woman in marriage, as a mother, as an attorney, and in our ministries. Serving is not easy, and it takes perseverance to adhere to the Biblical standard of living as a godly woman. Your workshop will discuss how biblical principles can guide daughters of God through each of these areas, as a woman attorney, and create value for the Lord, the Kingdom, your family, your clients, and you. This, combined with thoughtful suggestions on how to balance life, seek Christ, and point others to Him, will be at the heart of this workshop.

- I. Scriptural Approach to Balance and Bringing the Kingdom Forth as Daughters, Wives, Mothers, and Lawyers
 - a. Non-negotiables in your life
 1. Prayer
 2. Bible study
 3. Community
- II. Acrostic Approach to Life
 - a. Proverbs 31
- III. Biblical Examples of Wives
 - a. Sarai to Sara
 - b. Ruth
 - c. Jezebel
- IV. Motherhood

- a. What the world says
 - b. What scripture says
 - c. Balance in Motherhood
- V. Lawyering inclusive of the above
- a. Taking care to establish your goals and boundaries
 - b. How to balance “other responsibilities” when your job demands everything of you
 - c. Biblical solutions to work challenges
- VI. Practical Application
- a. Putting these concepts into practice in your life